



Invites mental health professions working with children and families for a two day training event featuring:

Dr. Garry L. Landreth

Child Parent Relationship Therapy (CPRT): A Research Based 10-Session Filial Therapy Model

March 4 and 5, 2010

Radisson Hotel Schaumburg
1725 East Algonquin Road
Schaumburg, IL 60173

Co-Sponsored by



IL-APT is an authorized CE provider for:

APT – provider number 99-076

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Argosy University is an authorized CE provider for APA

Fees:

IL-APT Members, Students and Argosy Faculty:

2-day conference \$235.00

CE Included

(All Students & Argosy Faculty must submit valid ID with registration.)

Non-members:

2-day Conference \$335.00

CE Included

Registration Deadline: To ensure your place in the trainings and to help us accommodate you, please register no later than **February 15, 2010**. After February 15 a \$15 late fee applies.

Cancellation Policy: If you are unable to attend or arrange a substitute, you may obtain a refund, minus \$25 administrative fee, by contacting IL-APT at least three business days prior to the conference. If you cancel less than three business days or fail to show, you will not be eligible for a refund.

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This is a practical “how to” workshop that includes training/treatment outlines for the 10 sessions, how to teach the child-centered play therapy skills, toys and materials needed, techniques for involving parents in the learning process, balancing training and meeting parents emotional needs, utilizing group dynamics, facilitative supervision, demonstrations and video segments of Dr. Landreth’s CPRT parent training sessions. CPRT’s preventative nature and relatively brief treatment time frame make this treatment model attractive in today’s mental health climate.

Learning objectives:

Following the workshop, participants should be able to

- 1) teach parents listening skills
- 2) teach parents responding skills
- 3) teach parents ACT limit setting
- 4) select appropriate toys for CPRT play sessions
- 5) structure CPRT parent-child play sessions
- 6) identify supportive elements needed in parent supervision.



About Our Presenter

Dr. Garry L. Landreth, LPC, RPT-S, internationally known for his writings and work in promoting the development of child-centered play therapy, is a Regents professor in the Department of Counseling at the University of North Texas. He is the founder of the Center for Play Therapy, the largest play therapy training program in the country. Dr. Landreth is a frequent speaker at play therapy conferences around the world. His more than 150 journal articles, books and videos include his award-winning book *Play Therapy: The Art of the Relationship*, which has been translated into several international languages. His latest books are *Child Parent Relationship Therapy (CPRT): A 10-Session Filial Therapy Model* and an accompanying *Child Parent Relationship Therapy (CPRT) Treatment Manual*.

Dr. Landreth is Director Emeritus of the Association for Play Therapy (APT) and received the APT Lifetime Achievement Award and Research Award. He is also the recipient of the Virginia Axline Distinguished Professional Award for his work in conceptualizing and advancing the child-centered approach to play therapy.

There will be an Illinois Association for Play Therapy Annual Meeting during the lunch hour on Thursday, March 4

Lunch will be provided.

General Information

Location:

Radisson Hotel Schaumburg
1725 East Algonquin Road
Schaumburg, IL 60173

A block of rooms at the rate \$69.00 single/night has been reserved please indicate you are booking for the **IL-APT Conference** when making reservation.

Times:

Registration: 8:00 – 9:00 am
Workshops: 9:00 – 12 noon
1:00 – 4:00 pm
Lunch (on your own):
12 noon -1:00 pm

Refreshments:

Continental breakfast both mornings
Snack with beverages both afternoons

Shopping:

We are very fortunate to have the Self Esteem Shop available at the conference to provide you with play therapy specific books and toys.



Child Parent Relationship Therapy (CPRT): A Research Based 10-Session Filial Therapy Model

This two-day workshop will focus on the dynamic relationship facets of training parents to be therapeutic agents in their children's lives. Using a format of didactic instruction, demonstration play sessions, required at-home play sessions, and supervision, parents are taught basic child-centered play therapy principles and skills including tracking, responsive listening, reflecting feelings, returning responsibility to children, the ACT model of limit setting, building children's self-esteem and how to structure weekly 30-minute play sessions with their children using a special kit of selected toys.



Registration Form

PLEASE PRINT:

Name: _____

Address: _____

E-Mail: _____

\$235 IL-APT Member/Student/Argosy Faculty
\$ _____

Students/Argosy Faculty must send photocopy of current student ID

\$335 Non-Member \$ _____
Become a member for only \$95

\$15 Late Fee, if registering after February 15
\$ _____

Total Amount \$ _____

IL-APT is only able to accept Checks or Money Orders.
Please make Checks or Money Orders payable to: IL-APT

Remit Payment and Form to: IL-APT 2010 Annual Conference
C/O Charles Myers
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